

# NOTEBOOKS FOR WRITING AND DRAWING

*Journal notebooks are one of the most important tools we have for learning, remembering, discovering and sharing our ideas and thoughts. A good journal.*

There are two variables here: What's on the paper, and how it's made. These storyboards also give me license to doodle, which helps me to maintain my focus as a visual person. So what was left? Anything goes, ballpoint, pencil, and more. These are often written on and attached to a wide variety of surfaces including tables, desks, walls, notes and books. I save all of my journals. However, last year I switched to by The edges are painted silver. I happened to be in JFK so popped into the Muji store in T5 and grabbed a storyboard notebook, which has a preprinted grid of eight boxes on each page. I naturally draw letters between one- and three-inches high, so I find the larger size better for what I draw most often. Cute but functional. I also like notebooks that have some heft. Instead, I tend to create a lot of conceptual maps and little product drawings. Different refill types can be combined to keep everything in one place! This is actually a great place for my brainstorming process, and I will often turn to a long shower to work out a tricky problem or dilemma. Hand-crafted in Italy they just scream creativity. You can email him at john. At work, I use Action Method products like the Action Method pad to take notes in meetings and turn that into actionable items in Omnifocus. The paper quality is serious-goodness. Thus, my notebooks are an unfiltered documentation of my professional work, personal projects, lectures I attend, people I meet, recommendations from friends of things I should check out, and doodles. I spend the first 15 minutes of the day in the empty office doodling, listening to music, and thinking about what I need to do that day. I used them in nearly every school grade and they just work. Journal charms Journal charms are as the name implies small charms you can add to your journal notebook to give it a little bling. How could you possibly go wrong? I have many fond notes and no less than three successful startups have been started and acquired through the pen notes. You can get a pack or two right here. I generally go through two to three notebooks a year. These accessories allow you to easily and comfortably attach a clip to your book so that you can always have a pen on you when you need to write or doodle. At a recent meet-up with a bunch of other creatives, I noticed more than half were using the same sketchbook. Instead, I sketch and take visual notes on letter-sized blank sheets of paper that I afterward catalog in different folders. As I got to be a bit more senior, I realized that there was a healthy digital trail for most meetingsâ€™ agendas, files, and electronic meeting notes that were far more accurate than what I was capturing. Those that become the beginning of bigger visions and dreams that I can almost taste when I do them become favorites. You can also buy a sleeve for them, which is made of the same material as the brown patches on the back of your blue jeans, which I custom silk-screen. They are nice, thin books with smooth, white paper. It never hurts to have a few and it will never fail you. They are so important to me that the first chapter in my new book is dedicated to them, and I reproduce nine spreads from them at actual size. For a full explanation check this out. This can be especially useful with large books or books that contain a lot of content on each page. I could never use a leather-bound notebook. I go through at least one notebook every month and sometimes have a few going simultaneously. These little tools can be very useful for keeping track of information and they come in a wide variety of styles and colors for those who enjoy specific types of art and design.